



## 37<sup>th</sup> Training Wing

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### RESILIENCE

**Q: After the loss of one of our Warhawks, I feel resilience workshops are greatly needed. What's the 37 TRW doing about them?**

**A:** The 37 TRW is saddened by the loss of one of our own. In response, the impacted Squadrons have held Commander's Calls as well as numerous other resilience events within their respective Squadrons this week, including Heritage Runs, meeting with the installation's integrated resiliency teams and multiple social activities to help increase esprit de corps and facilitate the grieving and healing process. In addition, I have asked that all Squadrons across the wing meet in person this week, prior to Memorial Day weekend, to discuss resilience, Wingman culture and mindfulness of ourselves and others.

More holistically and proactively, our wing has initiated a dedicated Community Action Team focused on 37 TRW-specific issues to include enduring resilience programs for members and their families. The 37 TRW CAT meets monthly to help facilitate all four pillars of resilience. In addition, our Wing has also stood up a first-of-its kind human performance directorate, reporting directly to me, that will focus on all four pillars of resilience and the optimization of our Airmen's performance.